

SRC Bulletin



No 3. October 2021

We recognize and respectfully acknowledge that the UNB-SRC operates on unsurrendered and unceded traditional lands of the Woolastoqiyik. Looking for our office? We are located on the 2nd floor for the Thomas. J. Condon Student Centre, next to the recently renovated Whitebone Pizzeria!



Campus Store

Campus Store is OPEN!

Table Tennis Room, G. Forbes Elliot Athletics Centre
Textbooks are not available for purchase in-store.
Come by to purchase any UNB Saint John
Merchandise!
For more information, click here

UNBSafe App

UNB has implemented a mandatory testing policy! To be exempt from testing every three days, you can upload your COVID Immunization form to the UNBSafe App!

This app is also great to have on your phone, to receive any urgent or emergency notifications.

For more information about the UNBSafe App, <u>click here</u>



UNB Saint John Vaccination Clinic

The UNB Student Health Centre is partnering with Jean Coutu Pharmacy to offer COVID Immunizations! The vaccination clinic will be available from 1PM to 2PM at the Ganong Hall break out rooms (140, 141) on October 7th, 2021.

If you are interested in booking an appointment to get vaccinated, email Behealthy@unb.ca with the following information: Your full name, Date of birth, Medicare number, Indicate if it your first or second vaccine dose. If it is your second dose, please provide the date of your first dose and the type of vaccine received.



Year 2021-22



Switch to MyUNB Intranet

Are you concerned about the switch to MyUNB Intranet? If you are having trouble transitioning to MyUNB Intranet, consider taking a tour!

Tour Link

Have Questions about your academics?

Reach out to your academic advisors!

Faculty of Arts: Tanya Pitt, to schedule a meeting <u>click here</u>

Faculty of Business: Marina Hernandez, to schedule a meeting <u>click here</u>

Faculty of Science, Applied Science and Engineering: to schedule a meeting <u>click here</u>

Find more information here or email sjadvising@unb.ca



Movie Night at UNB Saint John



Lorenzo Society Welcomes you to Movie Night!

Blood Quantum will be playing in the Ganong Hall Lecture Theatre on October 26th at 7:30pm!

Hope to see you there!



Volunteer Call Outs

Promise Partnership

Promise Partnership is always open for a callout for volunteer tutors and mentors. This a great opportunity for students to get some volunteer experience and take part in our great community of Saint John.



Germain Street Open

Mid - October Make-A-Wish foundation will be hosting their 28th annual Germain Street Open in the uptown area of Saint John. They are looking for approximately 20-30 volunteers that are 19+ to help us out with this event. It takes place October 16th at 11am!



Committee Representatives

The UNB-SRC is committed to prioritizing you! Your voice and involvement matters and is an asset to UNB Saint John. Use your voice and apply to be a representative on a committee this year! Find more information about committees by <u>clicking here</u>, or to fill out the application form!

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More Call Outs/Employment



Pathways to Education

Pathways to Education is looking for tutors!

If you are interested in volunteering, you can contact pathways@trc4youth.ca

Hiring SafeRide Drivers!

Are you looking for a flexible part-time job? Do you like to drive around town and enjoy periods of downtime?

Becoming a SafeRide Driver may be for you.

Apply to be a SafeRide Driver by emailing your resume and availability to finance@unbsrc.ca before Friday, October 1st 2021.

Find more information by clicking here.



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Clubs and Societies

Become a Member!

Are you looking to be more involved on campus this year? Becoming a member of a club or society on campus is the best way to start your journey of involvement!

Members play a supportive role in the operation of clubs and societies! This can be done through attending events, providing feedback, without any commitments!



Don't see one you like?

Consider starting your own!!

If you are interested in starting a new club or society, reach out to our VP Finance and Operations (Kirsten Hurley) to get more information!

Contact Kirsten by emailing finance@unbsrc.ca

What Clubs or Societies are there?

You can find the list of club and societies by clicking <u>here</u>

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Sustainability Month



This month is sustainability month here at UNB. Be sure to be keeping up with the UNB Sustainability on Instagram and Facebook for any important updates all throughout the month.



WeSpeakStudent



WECONNECT

Introducing WeConnect, your Student Mental Health & Wellness Program.

WeConnect provides post secondary students, and dependents, with short-term therapy, lifestyle counselling, courses, resources and events to improve mental and physical health. Access to clinical care services is simple and available on-demand, in-person and telephonic and all services are globally accessible to provide synergy at each campus for all domestic and international students. The program is designed to directly support the needs of international students who may not be in Canada. The program seeks to contribute to a resilient domestic and international student community by further augmenting existing on-campus mental health resources.

Short-Term Therapy Modeling

- Uncapped counselling sessions (no maximum), based on a short-term therapy model (clinically diagnosed by individual).
- The service is available to all eligible students and their dependents.
- Care is immediate by connecting with the intake team and there is no level of payment required.
- Student Member Access points for Intake:
 - Clinical Response Centre (CRC) via phone
 - Via Website
 - Via Livechat
 - Via Email
 - Via SMS/text
 - Via iConnectYou Mobile App

» Wellness Product Features

- Short Term Therapy Counselling services available virtually, in-person (in accordance with governing Covid guidelines) and telephonic.
- Global technological reach via
 website
- Mobile app (iConnectYou) available on Google Play and Apple iTunes.
- Services are available twentyfour (24) hours per day, seven (7) days per week.
- Counsellor diverse profile/ matching.

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Al counselors must hold a recognized master's degree/diploma in counselling, psychology, social work with a license that is current and in good standing, have fine years of experience and hold current membership of a professional association and be accountable to that association such as Canadam Counselling and Psychotherapy Association (COP) or the Canadam Psychological Association (COP).

Additional Program Enhancements

- LifeCoaching
- · Wellness Coaching
- · Aware Mindfulness program
- Computerized Cognitive Behavioural Therapy (cCBT)
- Legal Consulting: Free 30-minute consultation with a lawyer
- Financial Consulting: Free
 hour consultation with a
 Professional Financial Advisor
 (PEA)

» International Student Support

- International students can access the counselling services virtually, or in-person, while located in home country or travelling outside of Canada if required.
- · Multilingual options offered by professionals.
- Multilingual support on website

AVAILABLE FOR ALL UNDERGRADUATE STUDENTS



Call or Text: 1-888-377-0002 or find more information through www.wespeakstudent.com



We are pleased to announce that WeSpeakStudent has a new 24/7 mental health care package is available for students!

www.unbsrc.ca



Important Dates

October 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
10 World Mental Health Day!	11 Thanksgiving!	12	13	14	15 World Students Day!	16
17	18	19 Sustair	ability N	²¹ 1onth!	22	23
24	25	26 Movie Night!	27	28	29	30
31 Halloween!						

For important academic dates please visit the undergraduate academic calendar, or <u>click here</u>

Please contact the SRC Executive Team with any comments, questions, or concerns! Our doors are always open!

President, Charlotte Fanjoy, president@unbsrc.ca

Vice-President Finance and Operations, Kirsten Hurley, finance@unbsrc.ca

Vice-President External, Adam Lambert, external@unbsrc.ca

Vice-President Student Life, Blake Allen, studentlife@unbsrc.ca

General Manager, Lorna McLellan, generalmanager@unbsrc.ca

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